



State Games of Oklahoma

Official Order of Events



9:00 AM - Field Events (Youth division field events will not start before 10:30.)

ATTEMPTS

- AGE**
- Adult Long Jump: Women (youngest to oldest), Men (youngest to oldest)
 - Adult Triple Jump: Follows Long Jump (same order as Adult Long Jump)
 - Adult High Jump: Men (lowest to highest), Women (lowest to highest)
 - Adult Shot Put: Men (youngest to oldest), Women (youngest to oldest)
 - Adult Discus: Women (youngest to oldest), Men (youngest to oldest)
 - Adult Pole Vault: Women (lowest to highest), Men (lowest to highest)
 - Adult Javelin: Same order as Discus (follows Youth Discus, or sooner if it's safe)

- Adults: LJ, TJ, SP, D, J --- 4 attempt rule
- Students: (2-8): ST, LJ, SP, D --- 3 attempts
- Students: (9-12): LJ, SP, D --- 4 attempts



- GRADE**
- Student Softball Throw: Girls—2, 3, 4, 5, 6; Boys—2, 3, 4, 5, 6;
 - Student Long Jump: Girls—2, 3, 4, 5, 6; Boys—2, 3, 4, 5, 6; Girls—7, 8, 9-10, 11-12; Boys—7, 8, 9-10, 11-12;
 - Student High Jump: Girls—7, 8, 9-10, 11-12; Boys—7, 8, 9-10, 11-12; Girls—5, 6; Boys—5, 6;
 - Student Shot Put: Girls—5, 6, 7, 8, 9-10, 11-12; Boys—5, 6, 7, 8, 9-10, 11-12;
 - Student Discus: Boys—5, 6, 7, 8, 9-10, 11-12; Girls—5, 6, 7, 8, 9-10, 11-12;
 - Student Pole Vault: Girls—7, 8, 9-10, 11-12; Boys—7, 8, 9-10, 11-12;

Student Competition Divisions are based on the current Grade, or the last Grade completed if school is out for the summer.

All running events are timed finals.

Each STUDENT participant may compete in no more than FOUR Events. Relays **DO** count as one of the Four Events.

Unlimited events for ADULTS.

10:00 AM - Running Events (Rolling Schedule)

Some events may have competition divisions and genders combined.

Kindergarten and First Grade will be contested in the events available for Second Grade if enough participants are entered.

- 50m Dash ----- 2, 3, 4, (All F, then all M)
- 4 X 100m R ---- 3-4, 5-6, 7-8, 9-10, 11-12, Adult (All F, then all M)
- 4 X 800m R ---- 5-6, 7-8, 9-10, 11-12, Adult (All F, then all M)
- 100m H ----- 30"- 7 to 8 (F) / 33"-7 (M) - 9 to 12 (F) Adult (F-M)*
- 110m H ----- 33"- 8 (M) / 39"- 9, 10, 11-12 (M) / 39 & 42"- Adult (M)
- 4 X 200m R ---- 3-4, 5-6, 7-8, 9-10, 11-12, Adult (All F, then all M)
- 800m Run ----- 3, 4, 5, 6, 7, 8, 9, 10, 11-12, Adult (All F, then all M)
- 100m Dash ---- 2, 3, 4, 5, 6, 7, 8, 9, 10, 11-12, Adult (All F, then all M)
- 3200m Run ---- 7, 8, 9, 10, 11-12, Adult (all F, then M) (grades/ages will be combined)
- 400m Dash ---- 2, 3, 4, 5, 6, 7, 8, 9, 10, 11-12, Adult (All F, then all M)
- 300m H ----- 30" - 7, 8, 9, 10, 11-12, Adult (F) / 7 (M)
- 33" - 8 (M) / 36" - 9, 10, 11-12, Adult (M)
- 200m Dash ---- 2, 3, 4, 5, 6, 7, 8, 9, 10, 11-12, Adult (All F, then all M)
- 1600m Run ---- 5, 6, 7, 8, 9, 10, 11-12, Adult (All F, then all M)
- 4 X 400m R ---- 3-4, 5-6, 7-8, 9-10, 11-12, Adult (All F, then all M)

*Adult competitors will be offered their respective unique hurdle intervals in the 100m Hurdles ONLY. (**No 80mH.**)

- 30" AW (40+) & AM (70+): 100m (12m to 1st - interval-8m - 16m to finish)
- 33" AM (60-69): 100m, (12m to 1st - interval-8m - 16m to finish)
- 33" AW (Open-39) & HS Girls (HSG): 100m (13m to 1st - interval-8.5 - 10.5 to finish)
- 36" AM (50-59): 100m, (13m to 1st - interval-8.5m - 10.5m to finish)
- 39" HS Boys & Adult Men (30-49): 110m (13.72 to 1st - interval-9.14 - 14.02 to finish)
- 42" AM (Open-29): 110m (13.72 to 1st - interval-9.14 - 14.02 to finish)

100m Hurdles are offered as a substitute for the adult 80m Hurdles as indicated by the heights & intervals listed in this section.

Adults compete according to their AGE on the (first) day of competition. Students compete according to the GRADE they are currently in on the (first) day of competition, or (if school is out for the summer) the grade just completed.

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